

东方新韵 Chinese Aerobics (18 岁或以上 / 18 years and above)



想要参加又有美感又能健身的舞蹈活动?

“东方新韵”是您的最佳选择! 这个课程融合了民族舞蹈、有氧舞蹈以及太极, 目的在于锻炼身体的力度、灵活度以及协调性。绝对是您业余休闲和锻炼的好去处!

Want a course that teaches refined aesthetics as well as gives you a workout?

Chinese Aerobics is a unique course that blends elements of traditional Chinese folk dance, low impact aerobics, and Tai Chi, to develop strength in your body, grace in your gestures, and poise in your posture.

演出 Performance

小风车上台咯!

The Little Windmills
take the Stage!



除了各种课程, 我们也开辟了一个常年的表演平台《小风车上台咯》。借着这个平台, 学员可以在一个学年结束的时候, 走上舞台表演。一方面能将自己在课程中所学习的展现出来, 一方面也可以让家长和老师看到学员的成长。更重要的是, 这提供给学员一整个从准备演出到面对观众的宝贵经验。《小风车上台咯!》历年来都受到学员的喜爱和家长的支持。这常年的结业演出可说是和我们的课程相辅相成的重要环节!

In addition to the curriculum, do look out for our annual performance *The Little Windmills take the Stage!* Not only is it an integral platform for our students to showcase what they have learnt, parents and teachers can also chart the growth of these children. Most importantly, this is a precious opportunity for students to take what they have learnt in the classroom and translate that to a LIVE performance on stage!



“实践剧场” 何许人也?

实践剧场, 不知何许人也。

生于新加坡, 现年46岁, 比国家还老一月有余。漂泊于四海之上, 精通双语; 混迹于闹市之中, 醉心艺术。

消化良好、脾胃健康。能吃能喝能折腾, 没病没痛没心肝。“传统”与“现代”、“经典”与“原创”、“生活”与“实验”一样样都来, 敢于实践。批判生活时敢怒敢言, 顽固执着; 娱乐民众时不卑不亢, 互敬互重; 寻求创新时常常吃亏, 不问收获。更以艺术教育为己任, 多年来用无数的课程和演出, 熏陶了几代的老中青少年。桃李即使不满天下, 芳华也已飘香万家。

简言之——以十六箴言“扎根本土、放眼世界、求同存异、追求和谐”为毕生信念者, 即实践剧场是也!

The Theatre Practice - Who Art Thou?

Born in Singapore 46 years of age, we are slightly older than our nation by more than a month. A vagabond of the world, we are empirically bilingual and cosmopolitan; and time has attested to our unwavering passion for the arts.

Over the years, on the oblique path that we have chosen, we have endured hardships, survived the odds and yet maintained a clean bill of health! We revel in the diversity of our works, from the traditional, contemporary, classics, original, realism to experimental – we have attempted them all. We are strident in our critique of life through our works, and tenacious in putting our beliefs into practice. We entertain without being servile or disrespectful and strive to constantly innovate. As an active advocator of arts education, we have affected generations of arts - supporters from all walks of life through our many courses and performances. It is heartening to know that what we have done so far has left an imprint on the lives of many.

Simply put, we are a theatre company firmly rooted in our home yet fixated on the world, relentless in our strive to seek common grounds in our pursuit of harmony.

This is who we are.

实践剧场 The Theatre Practice
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实践教育工程 The Theatre Practice Education Project

一片绿油油的大草原上，风在吹，鸟在唱，水在流，虫在爬，生命在流动.....

大自然的推动，小小风车运转着，滋润这片土地，让树扎根，让花绽放，让生命延续.....

我们相信，孩子的学习能力源自内在。通过我们的教学平台，建立他们的人格发展，应付生活种种。

实践教育工程的教学原则是通过表演艺术培养学员的表现力、创造力、独特性及文化的丰厚性。我们致力点燃孩子对学习语言的热情和自我学习的原动力，鼓励孩子参与课堂活动，透过探索性和过程性的学习，开发孩子的创造力、观察力与想象力。

Upon the vast expanse of lush green lands, a light breeze blows, with the chirping of birds, crawling worms upon the ground, life in full abundance.....

With nature's support, the little windmills spin and turn, as they nourish the lands, enabling trees to take root, flowers to bloom, and life to grow.....

We believe that a child's learning ability comes from within. Thus, our teachers aim to develop our students' character, as they steadfastly deal with all of life's challenges.

The Theatre Practice Education Project's teaching philosophy is to use the performing arts as an avenue to nurture our students' expressive and creative capabilities, individual potential and immerse them within the richness of culture. We do our utmost to ignite the children's passion for learning the Chinese language and motivate them to engage in continuous self-learning. We also encourage students to actively participate in class activities, hence sparking off their creativity, observation skills and imagination through explorative and process-based learning journeys.

课程 Courses

所有课程将以华语进行
All courses are conducted in Mandarin

艺术游戏 Play In Arts (4岁至8岁 / 4-8 years old)



想锻炼孩子们的肢体，让身体更灵活？性格变得更开朗？

“艺术游戏”由实践剧场创团人之—的吴丽娟老师设计。课程以形体训练为主，以游戏为辅助教材，其中包括了：美术、音乐、表演等各种艺术形式。让您的孩子在欢愉和轻松的氛围中成长，在艺术和游戏的结合下感受快乐！

Want your child to develop better body coordination and a more vivacious personality?

Specially designed by Madam Goh Lay Kuan, co-founder of The Theatre Practice, the main objective of this course is to enrich a child's corporeal engagement. By employing games and engaging the budding participants in various aesthetics, from music, performance and art, the course allows each child to grow his or her own potential while having fun, inculcating the value of learning through play!

戏剧表演课 Drama Class (10岁至12岁 / 10-12 years old)



想学习演戏？想成为小演员？

这里就有最好的课程！实践剧场作为一个优秀的剧团，将为课程提供最好的师资和资源。在这里，您的孩子将可以通过有趣的戏剧游戏和戏剧训练，学习各种演戏的技巧，提高孩子们的集中能力、表达能力和反应能力。如果孩子们的表现出色，甚至可以在实践剧场的专业演出当中粉墨登台哦！这可是更加难得的学习机会。

Always dreamt of being an actor?

Then this is definitely the place for you! Supported by The Theatre Practice, one of Singapore's leading theatre companies, there is no better place for you to kickstart your acting career. Acting skills aside, the course also develops a child's focus, expression, and reaction. And if we spot genuine talent, who knows? We may see you on stage at our next professional production!



故事银行 Story Banq (5岁至9岁 / 5-9 years old)



讲故事？很简单？

那么就让“故事银行”把讲故事变得不简单！在这个课程里，您的孩子将通过听故事、讲故事、戏剧游戏、语言及形体活动，来学习多姿多彩的表达方式、训练丰富的想象力和创造力。5-6岁年龄段的课程将主要通过讲故事、听故事来训练孩子的语言能力，增加孩子对华语的兴趣；在7-9岁的阶段，孩子们将学习多种多样的表达方式，培养讲故事的自信心；同时也训练孩子的想象力和语言组织能力，创作出属于自己的故事。

您的孩子将可以用充满想象力、充满自信心的美丽语言为您讲故事！从孩子最童真的嘴巴里讲出来的故事，您才能了解什么叫“了不起”！

Do I really need to learn how to tell a story?

Let *Story Banq* tell you why! Through listening and telling stories, theatre games, as well as speech and movement activities, students explore the endless possibilities of putting imagination into expression. For 5-6 year olds, *Story Banq* focuses on basic storytelling to develop a child's interest and ability in language. For 7-9 year olds, they move onto building self-confidence and language construction, to support creation of your very own imaginative tale.

So just from telling a simple story, you will be amazed at how storytelling unlocks a child's imagination and provides the confidence to express a myriad of wonderful stories!

